

## INTRODUCTION

Recombinant activated factor VII (rFVIIa; Novoseven®, Novo Nordisk, Bagsvaerd, Denmark) is increasingly being used off-label for treating refractory bleeding after complex congenital cardiac surgery. However, the therapeutic response to rFVIIa may not be optimal in post-CPB patients who develop multiple coagulation factor deficiencies. However, it is plausible that the replacement of prothrombin and factor (F) X can restore thrombin generation without adding much FVII (1). Three factor-prothrombin complex concentrates (3F-PCCs) that contain prothrombin (FII), FX, FIX and low amounts of FVII are available in the United States. In this investigation, we compared in vitro the efficacies of rFVIIa and 3F-PCC in improving thrombin generation in neonatal plasma after CPB.

## METHODS

After approval by the Institutional Review Board, ten neonates were enrolled in this prospective study. Three blood samples were obtained from each neonate: pre-CPB, immediately post-CPB and post-products after the transfusion of a quarter of a unit of apheresis platelets and three units of cryoprecipitate. Lagtimes or the time to initiate thrombin generation and peak thrombin levels were measured in vitro using a calibrated automated thrombin generation assay [Thrombinoscope, Stago, Maastricht, Netherlands (2)]. The pre-CPB sample provided a baseline measurement. The post-products sample was divided into three aliquots: control, control plus a therapeutic concentration of rFVIIa, control plus a therapeutic concentration of 3F-PCC (Profilnine, Grifols Biologicals Inc., Los Angeles, CA).

## RESULTS

Lagtimes and peak thrombin levels are shown in Table 1. Lagtime remained prolonged compared to baseline for all subsequent measurements; however, rFVIIa did shorten lagtime from the post-CPB and post-product values. Conversely, the addition of 3F-PCC, but not rFVIIa, resulted in a statistically significant increase in peak thrombin levels when compared to baseline. The transfusion of platelets and cryoprecipitate, rFVIIa and 3F-PCC all significantly increased peak thrombin levels when compared to post-CPB, with the increase from 3F-PCC being the greatest.

## CONCLUSIONS

3F-PCC increased thrombin generation more than rFVIIa. The reduction of the post-products lagtime by 3F-PCC was numerically similar to rFVIIa although it was not statistically significant. We hypothesize that the greater effect of 3F-PCC is a result of its ability to augment levels of prothrombin, FIX and FX. However, the thrombotic risk associated with 3F-PCC is unclear. A greater understanding of the procoagulant effects of 3F-PCC in neonates undergoing cardiac surgery is needed so that a well-designed randomized controlled trial can be performed to evaluate its efficacy.

## REFERENCES

1. Blood 2010;116(5):693-701
2. Thromb Haemost 1993;70:671-4

Table 1: Thrombin Generation Measurements

	Lagtime (mins)	Peak Thrombin (nM)
Baseline	2.3 ± 0.6	143.5 ± 80.8
Post-CPB	3.8 ± 1.2*	161.6 ± 71.2
Post-products	3.2 ± 0.3*	191.5 ± 57.2 <sup>#</sup>
Post-products + rFVIIa	2.9 ± 0.2 <sup>++</sup>	194 ± 48.9 <sup>#</sup>
Post-products + 3F-PCC	2.9 ± 0.3*	423.3 ± 38.1 <sup>##+</sup>

CPB = cardiopulmonary bypass; rFVIIa = recombinant activated factor VII; 3F-PCC = 3 factor-prothrombin complex concentrate

\*p < 0.05 versus baseline  
#p < 0.05 versus post-CPB  
+p < 0.05 versus post-products

